

Free Virtual Support Programs for Cancer Survivors & Caregivers in Iowa



Iowa Cancer Consortium

www.canceriowa.org

Apps/Websites

- ACS CARES (American Cancer Society): <https://www.cancer.org/support-programs-and-services/acs-cares.html>
- The Cancer Journey (Beyond Pink TEAM): <https://www.beyondpinkteam.org/the-cancer-journey.html>
- MyCancerSupport (Cancer Support Community Iowa & NW Illinois): <https://bit.ly/mycancersupportcscinwil>

Children, Teens, and Families

- Cancer Support Community Iowa & NW Illinois: <https://www.csciowaillinois.org/>

Community Groups

- Above + Beyond Cancer: <https://aboveandbeyondcancer.org/virtual-programs>
- American Cancer Society- Reach to Recovery: <https://reach.cancer.org/p/p1> (Peer support for breast cancer)
- UnityPoint Health – John Stoddard Cancer Center: <https://johnstoddardcancer.org/>
- Wings of Hope: <https://wingsofhope.org/>

Legal & Financial Support

- Triage Cancer: <https://triagecancer.org/>

Mental Health

- Cancer Support Community Iowa & NW Illinois: <https://www.csciowaillinois.org/>
- MercyOne Richard Deming Cancer Center: <https://www.mercyone.org/events-search?q=cancer>
- UnityPoint Health – John Stoddard Cancer Center: <https://johnstoddardcancer.org/>
- Wings of Hope: <https://wingsofhope.org/>

Nutrition

- Above + Beyond Cancer: <https://aboveandbeyondcancer.org/virtual-programs>
- Cancer Support Community Iowa & NW Illinois: <https://www.csciowaillinois.org/>
- MercyOne Richard Deming Cancer Center: <https://www.mercyone.org/events-search?q=cancer>

Physical Activity

- Above + Beyond Cancer: <https://aboveandbeyondcancer.org/virtual-programs>
- Cancer Support Community Iowa & NW Illinois: <https://www.csciowaillinois.org/>
- MercyOne Richard Deming Cancer Center: <https://www.mercyone.org/events-search?q=cancer>
- Wings of Hope: <https://wingsofhope.org/>

Survivorship Education

- Above + Beyond Cancer: <https://aboveandbeyondcancer.org/virtual-programs>
- A Time to Heal Cancer Foundation: <https://ath.org/>
- UnityPoint Health – John Stoddard Cancer Center: <https://johnstoddardcancer.org/>

Questions? Email staff@canceriowa.org.

Compiled by the Iowa Cancer Consortium Quality of Life Workgroup

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