



Iowa Consortium for Comprehensive Cancer Control

NEWS

January/February 2007

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The ICCCC Webpage:
www.canceriowa.org

Upcoming Events: January 25.

Iowa Cancer
Survivorship Meeting.
ICN Locations
statewide. RSVP &
questions to Sarah
Kitchell ([sarah-
kitchell@uiowa.edu](mailto:sarah-kitchell@uiowa.edu)
or 319-356-4285).

**April 3-4. 2007 Public
Health Conference.**
IA Public Health Assoc.
Scheman Conference
Center, Iowa State
University. For more
information contact
iowapha@gmail.com

**April 19. ICCCC Spring
Meeting.** Location
TBD. Contact Holly
Smith for more
information:
hsmith@idph.state.ia.us

**Questions, comments,
corrections, and/or
story ideas, contact:**

Sarah Kitchell

Partnership Program
Coordinator

319-356-4285 (phone)

319-356-8988 (fax)

[sarah-
kitchell@uiowa.edu](mailto:sarah-kitchell@uiowa.edu)

Cancer Survivors Sought To Share Opinions on Quality of Life Issues

More than half of Iowans that are diagnosed with cancer survive. To better understand cancer survivorship issues, the Iowa Department of Public Health (IDPH) and the Iowa Consortium for Comprehensive Cancer Control (ICCCC) are hosting a forum for cancer survivors to share opinions and make an impact on the quality of life for other survivors.

IDPH's Comprehensive Cancer Control program and the ICCCC's Patient & Family Resources IG invite Iowa's cancer survivors to attend "Iowans Living Beyond Cancer: Thriving Through Survivorship" on Thursday, January 25, 2007 from 3:00-4:30 p.m. Eleven Iowa Communications Network (ICN) locations will host the forum:

- **Council Bluffs:** Iowa Western Community College, 2700 College Rd., Looft Hall, #024
- **Creston:** Southwestern Community College, 1501 W. Townline Rd., Room 107
- **Davenport:** Eastern Iowa Community College, 326 W. 3rd St., Kahl Education Center, Room 300
- **Des Moines:** Lucas State Office Building, 321 E. 12th St., ICN Room, 6th Floor
- **Dubuque:** Carnegie-Stout Public Library, 360 W. 11th St.-ask Reference Desk for directions
- **Fort Dodge:** Trinity Regional Hospital, 802 Kenyon Rd., ICN Room
- **Iowa City:** Iowa City Public Library, 123 S. Linn St., Meeting Room D
- **Mason City:** North Iowa Area Community College, 500 College Dr., Room 106
- **Ottumwa:** Ottumwa Regional Health Center, 1003 Pennsylvania Ave., Conference Room A
- **Sioux City:** Trospar-Hoyt County Services Bldg., 822 Douglas St., ICN Room, 4th Floor
- **Waterloo:** Hawkeye Community College, 1501 E. Orange Rd., Room 110

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Partner Spotlight: Marshalltown Cancer Resource Center

The Marshalltown Cancer Resource Center (MCRC) was born 20 years ago in response to requests from local patients for general cancer and treatment information, as well as ongoing educational programs. In 1986, current ICCCC member Karen Packer wrote a series of cancer articles in the local newspaper and was soon deluged by calls from patients seeking information. The resource center began in 1987 as an educationally-oriented support group, but resources soon accumulated and became housed in what is now the MCRC.

The MCRC serves an approximate 4-county area, and is available free of charge to patients, family, students, and professionals on an "on-call" basis. In addition to research for patients and an extensive store of current cancer booklets and brochures, it provides wigs, turbans, and pillows, and a lending library of books, CDs, videos, DVDs, plus monthly support group meetings with an educational focus. The MCRC assists the patient, on a one-on-one basis, to interpret and use the vast resources available. For more information, contact Karen Packer at mcsgrc@aol.com or (641) 752-8775.

Cancer Survivorship Meeting Continued from Page 1

The forum opens with an ICN broadcast of an Iowan's survivorship story. After the presentation, each ICN location will separate from the larger group and survivors' experiences and perceptions of life after cancer will be collected. Those interested in attending are asked to pre-register by calling 319-356-4285 or emailing sarah-kitchell@uiowa.edu by January 19, 2007.

In August 2006, the Lance Armstrong Foundation (LAF) awarded IDPH a \$10,000 grant to support its Comprehensive Cancer Control program. The grant allows IDPH to take a comprehensive look at cancer survivorship by broadening the network of cancer stakeholders, conducting a statewide assessment of survivorship activities and developing a plan to address gaps and unidentified needs.

From the moment of diagnosis, the LAF provides the practical information and tools people with cancer need to live life on their own terms. The LAF serves its mission through advocacy, public health and research. Founded in 1997 by cancer survivor and champion cyclist Lance Armstrong, the LAF is located in Austin, Texas. For more information about the LAF, visit livestrong.org

View the National Action Plan for Cancer Survivorship at:
<http://www.cdc.gov/cancer/survivorship/>

Resources Available on the Cancer Iowa Website

⇒ **News, Publications, and Meetings**

Find these documents at www.canceriowa.org/news/:

- Revised ICCCC State Cancer Plan
- Cancer Maps
- Colorectal Cancer Monograph
- Survey of Endoscopic Capacity (SEACAP)
- ICCCC Newsletters and Special Editions

www.canceriowa.org/news/



Brush Up Your Cancer Facts

- In the United States, men have slightly less than a 1 in 2 lifetime risk in developing cancer; for women, the risk is a little more than 1 in 3.

- In 2006, an estimated 1,399,790 new cancer cases were expected in the United States. In Iowa, 16,310 new cases were expected.

- Cancer is the second most common cause of death in the U.S. (number one for individuals under the age of 85), exceeded only by heart disease. In the U.S. cancer accounts for 1 of every 4 deaths.

- This year, about 564,830 Americans are expected to die of cancer—more than 1,500 people a day. In Iowa, 6,580 deaths are expected.

- Lung cancer remains the top cause of cancer death in the U.S., with an estimated 174,470 new cases and 162,460 deaths expected this year. In Iowa, 1,850 new cases were estimated to be diagnosed in 2006 and 1,720 deaths were estimated.

- The good news: overall five-year cancer survival rate has risen from 10% in 1913 to 64% today.

- The National Cancer Institute estimates that there are approximately 10.1 million Americans with a history of cancer alive today. Some of these individuals are cancer-free while others are living with cancer and may be currently undergoing treatment.

Information courtesy of Chuck Reed, American Cancer Society

January/February 2007



Cervical Cancer Awareness Month

January is Cervical Cancer Awareness Month:

- In the US, 10,370 new cases of cervical cancer will be diagnosed in 2005 and an estimated 3,710 deaths will occur. Worldwide, more than 80% of cervical cancer deaths occur in developing countries.

- Cervical cancer is preventable and curable if detected early. The widespread use of the Pap test in the U.S. has helped decrease mortality from cervical cancer by 50% over the past 30 years.

- Infection with the sexually transmitted Human Papillomavirus (HPV) is the main risk factor for cervical cancer. There are more than 100 types of HPV; fourteen of these are "high-risk" for developing into cervical cancer.

- Recently, the U.S. FDA approved a vaccine that is highly effective in preventing infection with HPV types 16 and 18 that cause 70% of cervical cancers and types 6 and 11, which cause 90% of genital warts.

- Even if a woman is vaccinated with the HPV/cervical cancer vaccine, she will still need Pap tests since this vaccine does not prevent all potential cervical cancer cases.

For more information:

www.cancer.gov

www.nccc-online.org/